

Get Started with Nature Journaling!



DATE:

TIME:

LOCATION:

WEATHER NOTES

(Is it cloudy or sunny? Cold or hot?)

Describe them. (Pick out a few that interest you most if there are too many to make note of.)

DO YOU SEE ANY PLANTS?

DO YOU SEE OR HEAR ANY WILDLIFE?

Describe below (Use all your senses to make your observations. What do you hear? See? Any distinct smells?)

Choose one or two observations and create a field sketch(es). Don't forget to add some color!

GET SKETCHING

ASK A QUESTION

What about your outing left you feeling curious? For example, you might have noticed a lot of birds singing. You could ask, "Does time of day affect how much or how often birds sing?"

Share your nature journal with us at #ManometNatureJournal on social media.
We'd love to see what you find!